

Infection Prevention and Control

Course Overview

Protecting Yourself, Protecting Others

Outcome Statement

Build the confidence to recognise infection risks, take the right precautions and respond appropriately to help prevent the spread of infection and protect the people in your care.

Why This Course Matters

Infection prevention is everyone's responsibility in care. Poor infection control can contribute to serious illness, hospitalisation, workplace illness, outbreaks and preventable harm.

This course gives care workers practical knowledge they can apply in everyday practice to reduce infection risks, protect themselves and others, recognise concerns early and respond appropriately when something isn't right.

It also supports workforce capability, infection risk reduction, clinical safety, outbreak preparedness and stronger reporting and escalation practices.

What You'll Learn

- Understand how infections spread and how transmission can be reduced
- Apply Standard Precautions in everyday care
- Use effective hand hygiene practices
- Select and use PPE appropriately
- Recognise common infection risks and potential outbreaks
- Identify when infection concerns need to be reported or escalated
- Respond appropriately to infection risks in care environments
- Contribute to safer care, risk reduction and continuous improvement

Who This Course Is Designed For

Designed for people working across care and support environments, including:

- Support Workers
- Personal Care Workers
- AINs
- ENs
- RNs
- Team Leaders
- Coordinators

Ideal for frontline care workers, clinical staff and team leaders who need practical infection prevention knowledge they can apply in everyday care.

Course Duration

Approximately 45 minutes

Online • Self-paced • Knowledge checks included • Final assessment • Certificate of Completion

Compliance Alignment

Supports workforce training and quality improvement across Australian care settings, with alignment to relevant Aged Care Quality Standards, NDIS Practice Standards, WHS obligations and infection prevention and control principles.

For Organisations

This course can support staff education, infection prevention awareness, workforce development, quality and safety governance, and continuous improvement activities.