

Psychosocial Care Skills for Workers NDIS & Aged Care Standards Mapping

This document provides compliance mapping for the Psychosocial Care Skills for Workers course, demonstrating alignment with NDIS Practice Standards and the Strengthened Aged Care Quality Standards.

NDIS Practice Standards Alignment

Rights and Responsibilities

Recovery-oriented practice, communication, trauma-informed support, dignity, choice and control.

Provision of Supports

Recognising distress, psychosocial support, safeguarding, documentation and escalation.

Support Provision Environment

Safety, risk recognition, professional boundaries and participant wellbeing.

Governance and Operational Management

Objective documentation, reporting, incident escalation and professional accountability.

NDIS Code of Conduct Alignment

- Act with respect for individual rights.
- Provide safe and competent supports.
- Prevent and respond to abuse, neglect and exploitation.
- Maintain professional integrity and accountability.

Strengthened Aged Care Quality Standards Alignment

Standard 1 – The Person

Supports dignity, choice, independence, inclusion, trauma-informed practice and person-centred care.

Standard 2 – The Organisation

Supports reporting, documentation, safeguarding, governance and professional conduct.

Standard 3 – Care and Services

Supports emotional wellbeing, communication, recognising distress and responding appropriately to concerns.

Standard 4 – The Environment

Promotes psychological safety, respectful interactions and safe support environments.

Standard 5 – Clinical Care

Supports observation, escalation and reporting of psychosocial changes to appropriate clinicians.

Standard 7 – Human Resources

Supports workforce capability, supervision, worker wellbeing and professional boundaries.

Organisational Benefits

- Strengthens safeguarding culture.
- Improves documentation quality.
- Supports participant rights and wellbeing.
- Enhances worker confidence and communication skills.
- Promotes consistent escalation and reporting practices.
- Demonstrates workforce capability during audits.

Auditor Summary

This course equips workers with practical skills to recognise psychosocial concerns, communicate effectively, maintain professional boundaries, document objectively, respond to safeguarding concerns and support participant wellbeing. The content aligns with key NDIS Practice Standards and Strengthened Aged Care Quality Standards relating to rights, safety, quality care, governance and workforce capability.